

Thrive to 5 & HEAL

# Moms on the Move

Join us for an opportunity for **all women caregivers**  
to experience togetherness outdoors!

Wear **pink** for Breast Cancer Awareness  
or **orange** for ADHD Awareness!

**THURSDAY  
OCTOBER 26  
4:30-6:30**

**CONNECTION  
CENTER**

911 Parsons Ave  
Columbus OH 43206

**Childcare provided, dinner to follow!**

**QUESTIONS? EMAIL SARAH MILSTEAD AT  
SMILSTEAD@4ALLPEOPLE.NET**

