



# WITS WORKOUT

An engaging, interactive, and educational brain-health program. Together as a class, we will work through exercises and activities designed to stretch and work our brains.

**Time: 12pm**

**Who: Free**

**4 All Adults**

**DATES**

**Mar 3**

**Apr. 14**

**Location: 946 Parsons Ave  
Upstairs, Kitchen Rm 231**



**For further information  
contact Jetti  
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