

# Cantaloupe Salsa

- 2 cups diced (1/4 inch) cantaloupe
- 1/4 cup diced (1/4 inch) sweet onion (such as Vidalia) or red onion
- 2 tablespoons chopped fresh basil or cilantro
- 1 (2-inch-long) fresh hot red or green chile (skip the seeds if you want to dim the heat), minced
- 2 tablespoons fresh lime juice
- 1/4 teaspoon salt

*Mix everything and eat immediately!*



This would be great over grilled fish or chicken. It is equally good with tortilla chips!

Instead of just using one type of melon, you can also use a mix of honeydew and cantaloupe for more color and a bigger range of flavors.