

Community Nutrition Classes

With OSU Extension SNAP-Ed

at The Connection Center For All!

Tuesdays at 11 AM

Class Dates – Topics & Recipes:

Nov 8 – Overnight Oats (Whole Grains)

Nov 15 – Orange, and Jicama Salad (Food Shop)

Nov 29 – Cucumber Tzatziki Sauce (Dairy)

Dec 6 – Cookie Dough Dip (Protein)

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THE OHIO STATE UNIVERSITY

COLLEGE OF FOOD, AGRICULTURAL,
AND ENVIRONMENTAL SCIENCES

OSU EXTENSION FRANKLIN COUNTY

FAMILY AND CONSUMER SCIENCES

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